



FACIALS

LA CALA FACIAL (80') €95

Our signature aromatherapy facial to detoxify, oxygenate and restore a healthy glow to your skin. Personalized for all skin types, including those with sensitive complexions.

AGE-DEFYING FACIAL (80') 115€

A 12-step treatment that progresses from cleansing, toning and chemical exfoliation to tissue oxygenation, a lifting serum massage and a double recontouring mineral mask, finished off with zone-specific balms and serums to perfect and protect.

SKIN PURIFYING FACIAL (50') €80

A treatment designed to reduce stress and drain away toxins... ideal for minimizing pores and reducing blemishes thanks to the power of botanical extracts, trace elements and essential oils. The texture of your skin will be markedly improved.

GENTLEMEN'S FACIAL (50') €80/ (80') €95

Addressing the toll of shaving routines, exposure to the elements and male hormones, custom techniques and special extracts cleanse away impurities, minimize pores and rebalance the skin.

EYE CONTOURS (25') €45

For a stunning look, this treatment focuses on the contours of the eyes to relieve puffiness, stimulate microcirculation and counteract the build-up of toxins.

EXPRESS FACIAL (25') €45

Ideal for those on the go or as an introductory facial for teens. The skin is cleansed, exfoliated and gently massaged.

BODY RITUALS

THE ANDALUSIAN RITUAL (110') €150

Inspired by techniques rooted in the Phoenician and Moorish ancestry of Spain, this signature ritual includes a full-body exfoliating scrub, an aromatherapy facial, a citrus body wrap, and a skin-nourishing, muscle-relaxing body massage.

SILKY SKIN EXFOLIATING RITUAL (80') 115€

A full-body enzymatic scrub with bergamot essential oil, sea-salt crystals and micronized orange and papaya extract, followed by a relaxing and detoxifying body wrap and a deep-tissue back massage, topped off with a bodyhydrating rubdown.

MEDITERRANEAN SEA SALTS RITUAL (50') €75

Reawaken body and mind with this intensive exfoliation and hydration ritual. Mediterranean Sea salts, beneficial minerals and the essential oils of geranium and lavender are combined with Mediterranean fragrances and flavours. It's a feast for the senses that reveals your smoothest, most velvety skin.

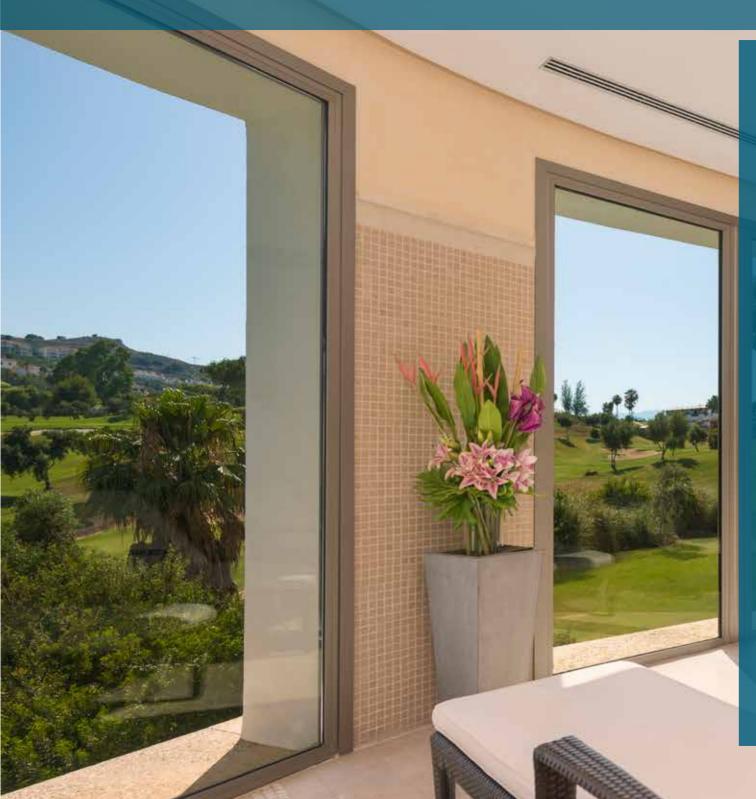
BODY-SHAPING RITUAL (80') €105

Anti-cellulite treatment, lymphatic drainage, reshaping massage, algae and clay – this personalized ritual adapts to your needs and helps you obtain the body you have always wanted.

ANTI-CELLULITE MASSAGE OR LYMPHATIC DRAINAGE ONLY (50') 80€

COUPLE'S RITUAL (110') €205

A private experience of 50-minute massages, ambient music, aromatic sensations and bubbly (Spanish Cava) available in our Andalusian Therapy Suite (featuring a private hammam and hydrotherapeutic jets) or our Presidential Therapy Suite (featuring a candlelit Jacuzzi and hydrotherapeutic sauna).



MASSAGES

LA CALA'S AROMATHERAPY MASSAGE (50') €80/ (80') €110

A full-body, relaxation massage combined with aromatherapy – the perfect treatment to clear your mind and recharge your body.

HOT STONE AROMATHERAPY MASSAGE (80') €115

The mother of all relaxation massages, Mediterranean aromatherapy combined with the power of basalt stones, strategically placed to relieve muscle tension, ease pain, and increase blood flow. Benefits include reduced anxiety and deeper sleep.

SPORT MASSAGE (50') €90

Designed for those looking to improve athletic performance and increase flexibility, with this massage we work deep tissues to reduce toxins, relieve tension and ease pain. Perfect as a warm-up before physical exertion or for relaxing afterwards.

NECK AND BACK (40') €75

This full back and neck massage stimulates the production of endorphins and serotonin, to soothe pain, increase circulation and relax your aching muscles.

EXPRESS MASSAGE (25') €45

The ideal treatment to complement our hydrotherapy circuit or for those with little time to spare. A tailored massage where you are in charge: tell us whether you prefer legs, craneo-facial, back or any combination thereof.

PRENATAL THERAPY (50') €85

Only available after your first trimester, this massage is individually tailored to ease the discomfort of pregnancy, offer prenatal care, hydrate the skin and relieve tension.

COUPLE'S MASSAGE (50') €170

If you are looking to relax with a friend or a loved one, look no further. La Cala's Aromatherapy Massage for 50 minutes for parties of two.

FOOT REFLEXOLOGY (80') €110

Applying some of the world's oldest healing techniques, this treatment progresses from gentle massage to the stimulation of the foot's defined pressure points, providing benefits akin to those of acupuncture.

PACKAGES

COUPLE'S RETREAT - €185

A regenerating experience in our Andalusian Therapy Suite, featuring neck and full-back massages (40') followed by sea-salt rubdowns (30') and tea served for two while you bathe in the jetted waters and steam of La Cala's private Hammam (30').

EARLY-TO-SPA DAY PACK

Two hours luxuriating in the hydrotherapy circuit, a 25-minute back massage and a three-course lunch at our Clubhouse Restaurant.

- Option 1: entrée, dessert & 1 drink included	€90
- Option 2: starter, entrée, dessert & 1 drink included	€105

HITTING THE GREEN - €130

La Cala's revitalizing, deep-tissue Sport Massage (50') is paired with either a Classic or Men's Pedicure to keep golfers stepping and swinging.

*Choose semi-permanent polish for €15 more (removal of old s.p. polish €5).

MEDITERRANEAN RENEWAL - €235

Our signature Andalusian Ritual is paired with La Cala's Manicure & Pedicure Duo for full-body pampering from head to toe.

*Choose semi-permanent polish for €15 more (removal of old s.p. polish €5).

INSTANT COMFORT - €245

La Cala's Purifying Facial, Aromatherapy Massage, and The Signature Manicure & Pedicure Duo work together to boost your sense of well-being. *Choose semi-permanent polish for €15 more (removal of old s.p. polish €5).

FINISHING TOUCHES

€45

STUNNING EYES Brow Design €25 Brow Maintenance €12 **Brow Tinting** €20 Lash Perm €35 **Lash Tinting** €20

Lash Perm & Tint **WAXING FOR HER**

Full Legs	€40
Half Legs	€25
Lip or Chin	€10
Standard Bikini	€20
Full Bikini	€40
Brazilian	€30
Arms	€20
Underarms	€10

WAXING FOR HIM

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Back	€35
Half Back	€20
Chest	€30
Arms	€20
Legs	€35
Glutes	€30
Brazilian	€40
Feet, Nose, Ears or Cheekbones	€10

MANICURES AND PEDICURES*

Classic Manicure €40

An essential manicure that leaves you with alluring nails, in the colour of your choice.

French Manicure €45

never out of style, this nail treatment suits any occasion.

La Cala's Signature Manicure €50

Treatment of both nails and hands, including exfoliation, hydration wrap and massage, followed by our best manicure.

Men's Manicure €40

A complete treatment to get your hands in perfect shape, including exfoliation, hydration, massage and the exceptional grooming of your nails.

Classic Pedicure €45

An essential pedicure that leaves your feet smooth and your nails shining, in the colour of your choice.

La Cala's Signature Pedicure €55

The full treatment of feet and toenails, including exfoliation, hydration wrap and massage, followed by our best pedicure.

Men's Pedicure €45

A complete treatment to get your feet in tiptop shape, including exfoliation, hydration wrap and foot massage, followed by the expert grooming of those oft neglected nails.

Regular Polish Application €15

La Cala's Manicure & Pedicure Duo €95

Men's Manicure & Pedicure Duo €75

*Choose semi-permanent polish for €15 The standard in traditional elegance, more (removal of old s.p. polish €5).





BEAUTY ATELIER BY CARMEN

BODY AND FACIAL DIATHERMY (80') €115

A standard treatment in physiotherapy and rehabilitation, diathermy applies localized heat through high-frequency electrical currents to speed recovery and reduce pain in muscular and soft tissue injuries, such as sprains, contractions or tears.

The technique is also beneficial in the treatment of cellulite and has a notably firming effect on the skin, helping to reduce localized fat deposits and effect drainage.

Likewise as a facial treatment, diathermy firms, shapes and generally rejuvenates the skin's appearance. It is ideal for minimizing wrinkles and expression lines, as well as an effective treatment to reduce dark circles and bags under the eyes and for minimizing scars and acne spots.

DIAMOND-TIPPED MICRODERMABRASION (50') - €85

Diamond-tipped deep facial cleansing is a non-invasive treatment that applies varying levels of microdermabrasion intensity to exfoliate the skin.

Also known as mechanical exfoliation, this technique utilizes the precision of a machine to remove dead cells without causing pain or aggravating the skin. The result is a gradual smoothing of the skin's layers and

a deep stimulation of collagen producing cells. Your skin is left fresh and uniform.

The procedure is entirely painless and suitable for all skin types, even those with a high degree of sensitivity.

VIRTUAL MESOTHERAPY (50') - €85

Virtual Mesotherapy, or electroporation, is a treatment designed to deliver essential nutrients and beneficial compounds to the skin while avoiding the dreaded needles associated with mesotherapy itself.

The emission of a low-intensity current increases the skin's permeability and triggers a brief opening of pores within cellular membranes, progressively allowing active ingredients to be absorbed.

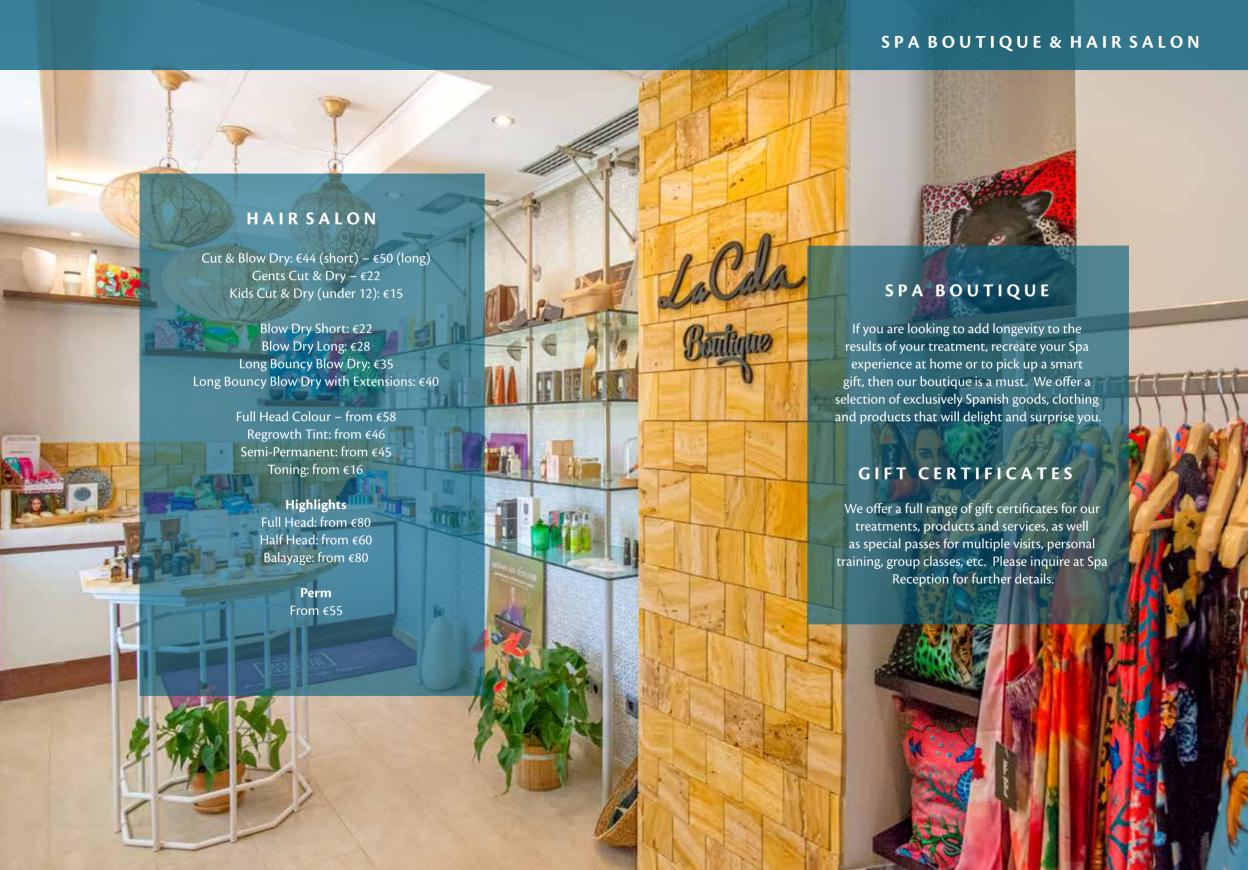
This treatment employs a multivitamin solution that can be modified to address the particular necessities of your skin.

ELECTRO-LIFTING (50') - €85

Electro-Lifting applies a low-intensity micro current to massage the muscles of facial expression and promote a reduction of wrinkles and fine lines.

Blood and lymphatic circulation are also stimulated, flooding tissues with oxygen and nutrients while aiding in the elimination of cellular byproducts and toxins.





FITNESS CENTER & RACQUET CLUB





